

Klassement 1. 100/300 m D

| | Naam | Cat | Vereniging | 100 | Punten |
|----|---------------------------------|-----|----------------------|------------|--------|
| 1 | 49 Selene Dekker | DPD | STG KOGGENLAND | 13.25 (1) | 13.250 |
| 2 | 62 Noa Petitjean | DPC | STG KOGGENLAND | 13.39 (4) | 13.390 |
| 3 | 42 River Greve | DPC | AIJC | 13.61 (6) | 13.610 |
| 4 | 9 Tessel Huizinga | DPD | IJCH | 13.72 (7) | 13.720 |
| 5 | 43 Féline Buitenhuis | DPC | AIJC | 13.89 (8) | 13.890 |
| 6 | 19 Eva-Sofie Elferink | DPC | IJSSTER | 13.98 (10) | 13.980 |
| 7 | 8 Mijke Lammers | DPD | IJCH | 14.03 (11) | 14.030 |
| 8 | 20 Marin Steegstra | DPD | IJSSTER | 14.40 (16) | 14.400 |
| 9 | 44 Manouk de Vos | DPC | AIJC | 14.56 (18) | 14.560 |
| 10 | 59 Fay Petitjean | DPE | STG KOGGENLAND | 15.20 (21) | 15.200 |
| 11 | 29 Mieke Hof | DPD | Noordkop | 15.30 (22) | 15.300 |
| 12 | 80 Benthe Pfeil | DPC | AIJC | 15.43 (23) | 15.430 |
| 13 | 63 Elvira Niejenhuis | DPC | STG KOGGENLAND | 16.07 (29) | 16.070 |
| 14 | 5 Sienna Haasnoot (2) | DPD | Sportclub Chronos | 16.30 (30) | 16.300 |
| 15 | 70 Milou Glas | DPD | HSC DE DRAAI | 16.31 (31) | 16.310 |
| 16 | 46 Ilse Molenaar (1) | DPC | Sportclub Chronos | 16.88 (32) | 16.880 |
| 17 | 71 Sterre Schaap | DPD | HSC DE DRAAI | 17.16 (33) | 17.160 |
| 18 | 14 Sophie Meedendorp (2) | DPC | Sportclub Chronos | 17.24 (34) | 17.240 |
| 19 | 17 Mirna van der Terp | DPF | IJSSTER | 17.61 (35) | 17.610 |
| 20 | 2 Yenthe Zutt (1) | DPE | Sportclub Chronos | 18.76 (38) | 18.760 |

Klassement 1. 100/300 m H

| | Naam | Cat | Vereniging | 100 | Punten |
|----|--------------------------------|-----|----------------------|------------|--------|
| 1 | 61 Sam Veldkamp | HPD | STG KOGGENLAND | 13.25 (1) | 13.250 |
| 2 | 48 Stijn Vlieland | HPC | STG KOGGENLAND | 13.28 (3) | 13.280 |
| 3 | 6 Casper Laarhoven | HPC | IJCH | 13.58 (5) | 13.580 |
| 4 | 47 Pom Peerdeman | HPD | STG KOGGENLAND | 13.94 (9) | 13.940 |
| 5 | 55 Mats Verschoor (2) | HPC | Sportclub Chronos | 14.19 (12) | 14.190 |
| 6 | 18 Johannes Hoomans | HPD | IJSSTER | 14.20 (13) | 14.200 |
| 7 | 33 Sjoerd Brommersma | HPD | STG HOORN | 14.21 (14) | 14.210 |
| 8 | 7 Jack Kwadrin | HPD | IJCH | 14.39 (15) | 14.390 |
| 9 | 28 Bor Kuijs | HPC | Noordkop | 14.46 (17) | 14.460 |
| 10 | 36 Stijn Nieuwold | HPC | STG HOORN | 14.65 (19) | 14.650 |
| 11 | 35 Jorgen van der Leij | HPC | STG HOORN | 14.69 (20) | 14.690 |
| 12 | 34 Martin Dekker | HPD | STG HOORN | 15.61 (24) | 15.610 |
| | 69 Finn Schenk | HPC | HSC DE DRAAI | 15.61 (24) | 15.610 |
| 14 | 27 Siebren Bruijn | HPD | Noordkop | 15.63 (26) | 15.630 |
| 15 | 15 David Meedendorp (1) | HPE | Sportclub Chronos | 15.87 (27) | 15.870 |
| 16 | 60 Jerke Eilander | HPE | STG KOGGENLAND | 15.93 (28) | 15.930 |
| 17 | 3 Tygo de Lange (1) | HPC | Sportclub Chronos | 17.64 (36) | 17.640 |
| 18 | 68 Jorn Hoogenkamp | HPE | HSC DE DRAAI | 17.80 (37) | 17.800 |
| 19 | 1 Joep Stam (2) | HPD | Sportclub Chronos | 18.98 (39) | 18.980 |